APOTHECARY
ART & WELLNESS
ISLES OF SCILLY

WELCOME TO OUR

Monthly Newsletter

A SEASON OF COLOUR & CREATIVITY...



Autumn settled beautifully this month. The islands became even calmer, more colourful, and we even had a few storms along the way! My opening hours moved to the Winter schedule, there were a few changes around the space, and I thoroughly enjoyed having some extra time and peace to get back to painting.

The beauty of Autumn shone through in the workshops too. I had the wonderful opportunity to be part of Tresco's Autumn Tides Festival, alongside some lovely, calming workshops here in the studio.

A slower pace, plenty of creativity and so much seasonal beauty.
It really was a pretty gorgeous month!

In this newsletter you will find:

Calm, glistening paintings, workshops at home and away...

Time to Paint...

THE COOLER PALETTE CONTINUES...

Safe to say, I'm a little obsessed with my new, cooler palette of colours and the delicate glistening effects of silver leaf.





I enjoyed a few peaceful mornings and afternoons getting out for walks, taking my sketchbook along and exploring some new viewpoints. There's something lovely about slowing down, taking in the changing light and colours, making little sketches and then returning to the studio to develop those ideas further.

It's been a really lovely way to find fresh inspiration and explore where this new collection might lead.





Time to Paint...

THE COOLER PALETTE CONTINUES...

II also found fresh inspiration during a trip to St Martin's, once again completely fascinated by the islands appearing through the sea haze and the way the light catches and glistens across the water.

And then, of course, I had to return to Samson, taking in one of its most enchanting starry nights, with the night sky reflected across the calm, shimmering sea.







New Look Inside and Out...

CELEBRATING THE GLISTENING COASTAL CALM COLLECTIONS...

As we move into the quieter winter months, a little rearranging was needed to make more room for me to work and paint in the studio. I also wanted to rethink the shop floor and bring my earring collection together with the glistening paintings. I love how the two sit alongside one another!

A new window display was needed too, as the rather gorgeous Glistening Silver Scilly Horizons found its new home and is now off to sparkle somewhere else. And, of course, I always love seeing how the changing sunlight casts its shadows and light across the paintings in the window. It really does let them show off!





Workshops...

AUTUMN TIDES FESTIVAL...

I was absolutely delighted to take part in Tresco's Autumn Light Festival with my workshop, Essence of an Autumn Shore.

It was such a lovely opportunity to take my workshops to a new location and step outside my usual studio space. The setting at the beautiful Flying Boat Club was wonderfully cosy, with the stunning beach just footsteps away.

We were treated to the most gorgeous day, with autumn colours coming out to play, glistening shores and the calming rhythm of the sea providing plenty of inspiration. The artwork created throughout the afternoon captured the colours, textures and atmosphere of the day so beautifully.

It was a really special experience, and I'm already looking forward to working with Tresco again at their Festival of Wellbeing in March.



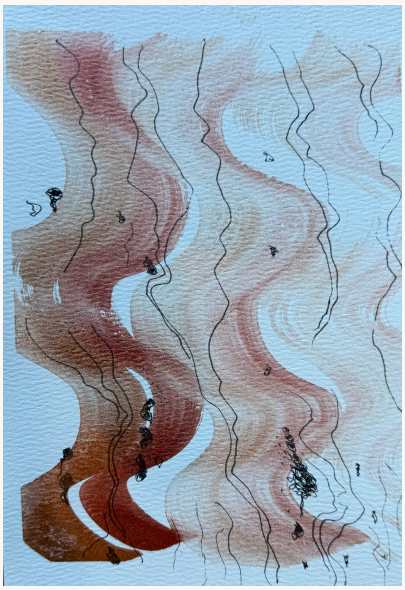


Workshops...

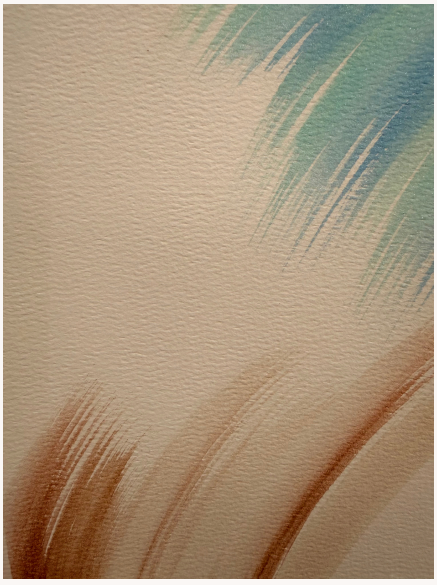
AUTUMN TIDES FESTIVAL...















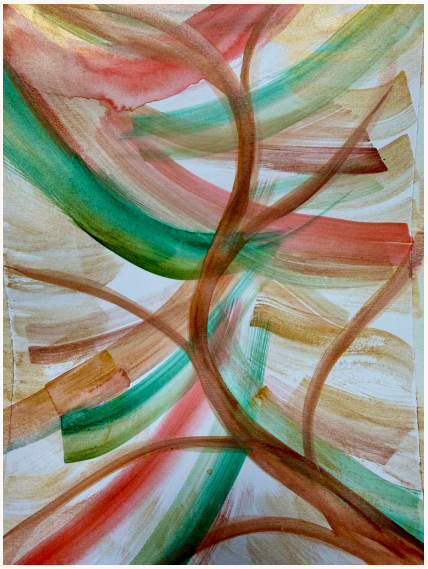
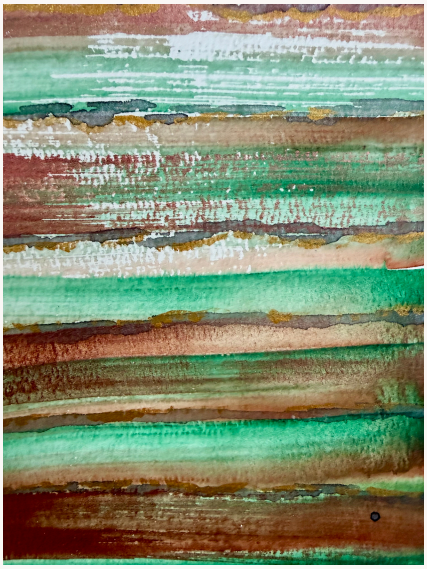
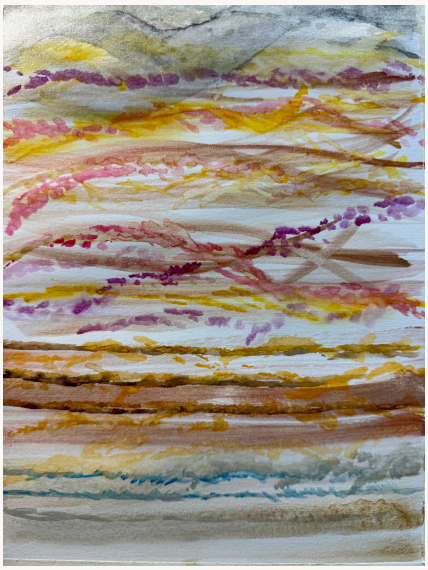


Workshops...

AUTUMNAL VIBES...

An absolutely lovely workshop, A Softer Season, took place this month, giving my studio guests the opportunity to explore the calming colours and textures of changing seasons. We explored a beautiful, grounding autumn palette, experimenting with flowing brushstrokes and expressive marks to capture the softer side of Autumn.

It was so lovely to see each person's creative journey unfold and the variety of beautiful outcomes from this special workshop.






Looking Ahead...

A little pause before Christmas...
I'm planning to take a little break at the beginning of November to rest, recharge and enjoy some time away before the Christmas season gets underway.

There will also be a small change to the newsletter schedule from now on. Rather than monthly updates, I'll be sharing a newsletter with you each season – Winter, Spring, Summer and Autumn – filled with news, new artwork, inspiration and what's happening at the studio.

In between, I'll be keeping social media updated more regularly, so do head to the next page and give those channels a follow if you haven't already.

And finally, here's a look at the workshop schedule for November and December. I'm really looking forward to getting creative again and welcoming everyone back into the studio after a little break!



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